NEWS RELEASE



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FOR IMMEDIATE RELEASE - May 29, 2008

Kathy Fries Promoted to Controller at Bank First National

Bank First National is pleased to announce the promotion of Kathy Fries to Controller. Fries had held the position of Assistant Vice President – Credit Analyst Manager at Bank First National since 2005. Her new duties consist of preparing the Bank's financial statements and key metrics along with organizing and coordinating regulatory reporting. Fries will be working out of the Bank's main office on North Eighth Street in Manitowoc.

Fries holds a Bachelor of Business Administration from the University of Wisconsin – Whitewater and a Master of Business Administration from Marquette University. Prior to joining Bank First National, Fries was employed at Associated Bank.

She and her husband, Christopher, reside in Two Rivers with their two children.

First Manitowoc Bancorp, Inc. (OTCBB: FMWC.OB) provides financial services through its sole subsidiary, Bank First National, a national banking association incorporated in 1894. The Bank is an independent community bank with 15 banking locations in Manitowoc, Brown, Calumet and Sheboygan counties. The Bank has grown through both acquisitions and de novo branch expansion. The Bank offers loan, deposit, investment advisory and trust products at each of its banking offices. Insurance products are available through its wholly owned subsidiary, the Vincent Group and asset management services are available through its wholly owned subsidiary, The George V. Reis Investment Group, Inc. The Bank employs approximately 249 full time equivalent staff and has assets of \$729 million as of December 31, 2007.

For more information on Bank First National, visit www.BankFirstNational.com.

